

## Collectifs internationaux 2009-2012

### MESSIEURS

Epreuves	COLLECTIF OLYMPIQUE	COLLECTIF MONDIAL	COLLECTIF EUROPEEN	COLLECTIF PROMOTIONNEL 20 ans et moins	COLLECTIF CEJ 17 et 18 ans	COLLECTIF FOJE/COMEN 15 et 16 ans
50 NL	00:21.67	00:22.00	00:22.37	00:22.65	00:23.88	00:24.72
100 NL	00:47.83	00:48.41	00:49.10	00:49.64	00:51.91	00:54.22
200 NL	01:46.13	01:46.65	01:48.08	01:49.23	01:53.83	01:58.75
400 NL	03:44.85	03:47.17	03:50.85	03:53.55	04:01.04	04:13.00
800 NI		07:52.24	07:54.37		08:23.77	
1500 NL	14:48.39	15:03.33	15:19.16	15:32.18	16:02.90	16:29.84
50 Dos		00:25.18	00:25.56		00:27.81	
100 Dos	00:53.39	00:54.07	00:55.04	00:55.80	00:59.10	01:01.38
200 Dos	01:56.67	01:58.26	01:59.77	02:01.67	02:08.22	02:12.26
50 Bra		00:27.73	00:27.96		00:29.73	
100 Bra	01:00.11	01:00.53	01:01.51	01:02.27	01:05.20	01:07.27
200 Bra	02:09.64	02:10.27	02:13.11	02:15.32	02:21.61	02:28.56
50 Pap		00:23.64	00:23.74		00:25.47	
100 Pap	00:51.62	00:51.89	00:52.62	00:53.51	00:55.91	00:58.65
200 Pap	01:54.46	01:56.06	01:58.69	02:00.08	02:05.80	02:12.40
200 4N	01:58.80	01:59.90	02:01.84	02:03.42	02:08.63	02:14.51
400 4N	04:12.75	04:15.37	04:20.52	04:24.78	04:35.70	04:49.06

### DAMES

Epreuves	COLLECTIF OLYMPIQUE	COLLECTIF MONDIAL	COLLECTIF EUROPEEN	COLLECTIF PROMOTIONNEL 20 ans et moins	COLLECTIF CEJ 15 et 16 ans	COLLECTIF FOJE/COMEN 13 et 14 ans
50 NL	00:24.72	00:25.06	00:25.37	00:25.77	00:27.24	00:28.07
100 NL	00:53.84	00:54.31	00:55.05	00:55.80	00:58.42	01:00.52
200 NL	01:56.66	01:57.64	01:58.97	02:00.48	02:06.80	02:10.99
400 NL	04:04.93	04:08.47	04:11.67	04:14.08	04:27.24	04:37.43
800 NL	08:25.38	08:28.16	08:36.95	08:43.86	09:13.21	09:33.37
1500 NL		16:24.65	16:36.23		17:37.40	
50 Dos		00:28.25	00:28.67		00:30.88	
100 Dos	00:59.56	01:00.48	01:01.36	01:02.49	01:06.37	01:08.45
200 Dos	02:08.41	02:09.46	02:12.28	02:14.30	02:23.05	02:27.57
50 Bra		00:31.38	00:31.80		00:34.12	
100 Bra	01:07.10	01:08.13	01:09.03	01:10.16	01:14.06	01:16.27
200 Bra	02:25.07	02:25.68	02:28.55	02:30.87	02:39.22	02:44.32
50 Pap		00:26.34	00:26.52		00:28.93	
100 Pap	00:58.03	00:58.32	00:59.13	01:00.14	01:03.36	01:06.01
200 Pap	02:06.96	02:08.54	02:10.28	02:12.64	02:20.97	02:30.82
200 4N	02:11.46	02:12.61	02:15.03	02:16.40	02:24.00	02:29.54
400 4N	04:36.95	04:38.23	04:45.15	04:49.11	05:06.58	05:19.94

# Séries nationales 2009-2012

## MESSIEURS

	N1	JN	CN	MN
50 NL	00:23.73	00:24.27	00:25.17	00:26.22
100 NL	00:52.24	00:53.42	00:55.40	00:57.73
200 NL	01:54.09	01:56.66	02:00.99	02:06.07
400 NL	04:05.45	04:10.97	04:20.29	04:31.22
800 NL	08:30.71	08:42.20	09:01.58	09:24.33
1500 NL	16:10.47	16:32.31	17:09.14	17:52.35
50 Dos	00:27.72	00:28.34	00:29.39	00:30.63
100 Dos	00:58.96	01:00.29	01:02.53	01:06.38
200 Dos	02:09.61	02:12.52	02:17.44	02:24.20
50 Bra	00:29.97	00:30.65	00:31.79	00:33.12
100 Bra	01:05.35	01:06.82	01:09.30	01:13.41
200 Bra	02:23.13	02:26.24	02:31.59	02:38.28
50 Pap	00:25.58	00:26.15	00:27.13	00:28.26
100 Pap	00:56.64	00:57.91	01:00.06	01:03.81
200 Pap	02:07.28	02:10.14	02:14.97	02:22.54
200 4N	02:10.60	02:13.53	02:18.49	02:24.31
400 4N	04:35.71	04:41.91	04:52.38	05:08.58

## DAMES

	N1	JN	CN	MN
50 NL	00:27.53	00:28.14	00:28.76	00:29.44
100 NL	00:59.16	01:00.50	01:01.82	01:03.28
200 NL	02:08.25	02:11.13	02:14.01	02:17.16
400 NL	04:30.29	04:36.37	04:42.43	04:49.08
800 NL	09:13.24	09:25.68	09:38.10	09:51.70
1500 NL	17:35.52	17:59.26	18:22.94	18:48.89
50 Dos	00:31.15	00:31.85	00:32.55	00:33.32
100 Dos	01:06.55	01:08.05	01:09.54	01:12.54
200 Dos	02:22.51	02:25.72	02:28.92	02:35.02
50 Bra	00:34.35	00:35.12	00:35.89	00:36.73
100 Bra	01:14.90	01:16.59	01:18.27	01:20.98
200 Bra	02:40.87	02:44.49	02:48.10	02:54.96
50 Pap	00:28.73	00:29.37	00:30.02	00:30.73
100 Pap	01:04.17	01:05.61	01:07.05	01:10.18
200 Pap	02:22.13	02:25.33	02:30.82	02:33.92
200 4N	02:25.28	02:28.55	02:31.81	02:35.38
400 4N	05:02.37	05:09.17	05:19.94	05:32.64

# Séries interrégionales 2009-2012

## MESSIEURS

	I1	J1	C1	M1
50 NL	00:24.57	00:25.41	00:26.02	00:27.22
100 NL	00:54.08	00:55.93	00:57.28	00:59.91
200 NL	01:58.11	02:02.15	02:05.10	02:10.84
400 NL	04:14.09	04:22.80	04:29.14	04:41.48
800 NL	08:48.69	09:06.80	09:19.99	09:45.68
1500 NL	16:44.63	17:19.05	17:44.12	18:32.93
50 Dos	00:28.69	00:29.68	00:30.39	00:31.79
100 Dos	01:01.04	01:03.13	01:04.65	01:08.84
200 Dos	02:14.17	02:18.77	02:22.11	02:29.33
50 Bra	00:31.03	00:32.09	00:32.87	00:34.37
100 Bra	01:07.65	01:09.96	01:11.65	01:16.13
200 Bra	02:28.32	02:33.12	02:36.72	02:44.14
50 Pap	00:26.48	00:27.39	00:28.05	00:29.33
100 Pap	00:58.63	01:00.64	01:02.11	01:06.18
200 Pap	02:11.76	02:16.27	02:19.56	02:27.80
200 4N	02:15.19	02:19.83	02:23.20	02:29.77
400 4N	04:45.42	04:55.19	05:02.32	05:20.00

## DAMES

	I1	J1	C1	M1
50 NL	00:28.58	00:29.82	00:30.02	00:30.52
100 NL	01:01.44	01:04.10	01:04.52	01:05.59
200 NL	02:13.17	02:18.95	02:19.86	02:22.18
400 NL	04:40.67	04:52.83	04:54.75	04:59.65
800 NL	09:34.49	09:59.39	10:03.31	10:13.35
1500 NL	18:16.07	19:03.57	19:11.05	19:30.19
50 Dos	00:32.35	00:33.75	00:33.97	00:34.54
100 Dos	01:09.11	01:12.10	01:12.57	01:15.21
200 Dos	02:27.99	02:34.40	02:35.41	02:40.73
50 Bra	00:35.67	00:37.21	00:37.46	00:38.08
100 Bra	01:17.78	01:21.15	01:21.68	01:23.97
200 Bra	02:47.05	02:54.29	02:55.43	03:01.41
50 Pap	00:29.83	00:31.13	00:31.33	00:31.85
100 Pap	01:06.63	01:09.52	01:09.97	01:12.77
200 Pap	02:27.59	02:33.99	02:34.99	02:39.59
200 4N	02:30.86	02:37.40	02:38.43	02:41.07
400 4N	05:13.99	05:27.60	05:38.76	05:44.90

# Séries régionales 2009-2012

## MESSIEURS

	R1	JR	CR	MR
50 NL	00:26.40	00:26.66	00:27.47	00:28.70
100 NL	00:58.11	00:58.70	01:00.47	01:03.17
200 NL	02:06.91	02:08.19	02:12.05	02:17.96
400 NL	04:33.03	04:35.79	04:44.09	04:56.80
800 NL	09:28.09	09:33.84	09:51.10	10:17.55
1500 NL	17:59.50	18:10.42	18:43.23	19:33.49
50 Dos	00:30.83	00:31.14	00:32.08	00:33.51
100 Dos	01:05.59	01:06.25	01:08.24	01:12.58
200 Dos	02:24.17	02:25.63	02:30.01	02:37.45
50 Bra	00:33.34	00:33.68	00:34.69	00:36.24
100 Bra	01:12.69	01:13.42	01:15.63	01:20.27
200 Bra	02:39.03	02:40.70	02:46.18	02:53.07
50 Pap	00:28.45	00:28.74	00:29.61	00:30.32
100 Pap	01:03.00	01:03.64	01:05.56	01:09.77
200 Pap	02:21.58	02:23.01	02:27.31	02:35.84
200 4N	02:25.27	02:26.74	02:31.15	02:37.92
400 4N	05:06.69	05:09.79	05:19.11	05:37.39

## DAMES

	R1	JR	CR	MR
50 NL	00:30.58	00:31.17	00:31.35	00:32.16
100 NL	01:05.74	01:07.00	01:07.39	01:09.12
200 NL	02:22.50	02:25.24	02:26.07	02:29.82
400 NL	05:00.32	05:06.10	05:07.84	05:15.76
800 NL	10:14.71	10:26.54	10:30.11	10:46.31
1500 NL	19:32.79	19:55.37	20:02.18	20:33.08
50 Dos	00:34.61	00:35.28	00:35.48	00:36.39
100 Dos	01:13.95	01:15.37	01:15.80	01:19.29
200 Dos	02:38.35	02:41.40	02:42.32	02:49.47
50 Bra	00:38.16	00:38.90	00:39.12	00:40.12
100 Bra	01:23.22	01:24.82	01:25.31	01:28.53
200 Bra	02:58.75	03:02.19	03:03.22	03:11.27
50 Pap	00:31.92	00:32.53	00:32.72	00:33.56
100 Pap	01:11.30	01:12.67	01:13.08	01:16.73
200 Pap	02:37.92	02:40.96	02:41.88	02:48.26
200 4N	02:41.42	02:44.53	02:45.47	02:49.72
400 4N	05:35.97	05:42.44	05:53.49	06:03.64

# Séries départementales 2009-2012

## MESSIEURS

50M	D1	JD	CD	MD
50 NL	00:27.92	00:28.52	00:29.70	00:31.06
100 NL	01:01.46	01:02.79	01:05.38	01:08.38
200 NL	02:14.22	02:17.13	02:22.79	02:29.33
400 NL	04:48.77	04:55.01	05:07.20	05:21.27
800 NL	10:00.84	10:13.84	10:39.19	11:08.47
1500 NL	19:01.73	19:26.44	20:14.61	21:10.25
50 Dos	00:32.61	00:33.31	00:34.69	00:36.28
100 Dos	01:09.37	01:10.87	01:13.80	01:18.55
200 Dos	02:32.48	02:35.78	02:42.21	02:50.41
50 Bra	00:35.26	00:36.03	00:37.51	00:39.23
100 Bra	01:16.88	01:18.54	01:21.79	01:26.88
200 Bra	02:48.39	02:52.05	02:59.87	03:07.32
50 Pap	00:30.09	00:30.74	00:32.01	00:33.48
100 Pap	01:06.64	01:08.08	01:10.89	01:15.52
200 Pap	02:29.74	02:32.98	02:39.30	02:48.67
200 4N	02:33.64	02:36.97	02:43.45	02:50.94
400 4N	05:24.37	05:31.38	05:45.07	06:05.18

## DAMES

50M	D1	JD	CD	MD
50 NL	00:32.38	00:33.00	00:33.90	00:34.71
100 NL	01:09.61	01:10.94	01:12.86	01:14.61
200 NL	02:30.88	02:33.77	02:37.94	02:41.72
400 NL	05:17.98	05:24.08	05:32.87	05:40.84
800 NL	10:50.87	11:03.35	11:21.33	11:37.65
1500 NL	20:41.78	21:05.61	21:39.90	22:11.04
50 Dos	00:36.65	00:37.35	00:38.36	00:39.28
100 Dos	01:18.30	01:19.80	01:21.96	01:25.34
200 Dos	02:47.66	02:50.88	02:55.51	03:02.38
50 Bra	00:40.41	00:41.18	00:42.30	00:43.31
100 Bra	01:28.12	01:29.81	01:32.24	01:35.27
200 Bra	03:09.26	03:12.89	03:18.12	03:25.84
50 Pap	00:33.80	00:34.45	00:35.38	00:36.23
100 Pap	01:15.49	01:16.94	01:19.02	01:22.56
200 Pap	02:47.21	02:50.42	02:55.04	03:01.08
200 4N	02:50.92	02:54.20	02:58.92	03:03.21
400 4N	05:55.73	06:02.55	06:22.60	06:33.59

25M	D1	JD	CD	MD
50 NL	00:27.22	00:27.82	00:29.00	00:30.36
100 NL	00:59.86	01:01.19	01:03.78	01:06.78
200 NL	02:10.82	02:13.73	02:19.39	02:25.93
400 NL	04:41.27	04:47.51	04:59.70	05:13.77
800 NL	09:44.84	09:57.84	10:23.19	10:52.47
1500 NL	18:31.73	18:56.44	19:44.61	20:40.25
50 Dos	00:32.01	00:32.71	00:34.09	00:35.68
100 Dos	01:07.87	01:09.37	01:12.30	01:17.05
200 Dos	02:29.28	02:32.58	02:39.01	02:47.21
50 Bra	00:34.46	00:35.23	00:36.71	00:38.43
100 Bra	01:14.88	01:16.54	01:19.79	01:24.88
200 Bra	02:43.39	02:47.05	02:54.87	03:02.32
50 Pap	00:29.49	00:30.14	00:31.41	00:32.88
100 Pap	01:05.34	01:06.78	01:09.59	01:14.22
200 Pap	02:26.84	02:30.08	02:36.40	02:45.77
200 4N	02:30.14	02:33.47	02:39.95	02:47.44
400 4N	05:16.37	05:23.38	05:37.07	05:57.18

25M	D1	JD	CD	MD
50 NL	00:31.68	00:32.30	00:33.20	00:34.01
100 NL	01:08.01	01:09.34	01:11.26	01:13.01
200 NL	02:27.48	02:30.37	02:34.54	02:38.32
400 NL	05:10.48	05:16.58	05:25.37	05:33.34
800 NL	10:34.87	10:47.35	11:05.33	11:21.65
1500 NL	20:11.78	20:35.61	21:09.90	21:41.04
50 Dos	00:36.05	00:36.75	00:37.76	00:38.68
100 Dos	01:16.80	01:18.30	01:20.46	01:23.84
200 Dos	02:44.46	02:47.68	02:52.31	02:59.18
50 Bra	00:39.61	00:40.38	00:41.50	00:42.51
100 Bra	01:26.12	01:27.81	01:30.24	01:33.27
200 Bra	03:04.26	03:07.89	03:13.12	03:20.84
50 Pap	00:33.20	00:33.85	00:34.78	00:35.63
100 Pap	01:14.19	01:15.64	01:17.72	01:21.26
200 Pap	02:44.31	02:47.52	02:52.14	02:58.18
200 4N	02:47.42	02:50.70	02:55.42	02:59.71
400 4N	05:47.73	05:54.55	06:14.60	06:25.59

# Grilles de qualification nationales 2008-2009

## Grille Nationale 2

Messieurs

50 NL	00:24.64
100 NL	00:54.22
200 NL	01:58.80
400 NL	04:13.17
1500 NL	08:48.23
50 Dos	00:29.03
100 Dos	01:01.33
200 Dos	02:13.04
50 Bra	00:31.28
100 Bra	01:07.83
200 Bra	02:26.24
50 Pap	00:26.83
100 Pap	00:58.96
200 Pap	02:11.68
200 4N	02:14.84
400 4N	04:45.10

Dames

50 NL	00:28.47
100 NL	01:01.74
200 NL	02:12.92
400 NL	04:37.91
800 NL	09:32.01
50 Dos	00:32.80
100 Dos	01:09.37
200 Dos	02:28.24
50 Bra	00:35.65
100 Bra	01:17.44
200 Bra	02:47.31
50 Pap	00:30.36
100 Pap	01:07.11
200 Pap	02:27.19
200 4N	02:30.69
400 4N	05:18.10

## Grilles Championnats Jeunes

Messieurs

	JN	CN2
	18-20 ans	13-17 ans
50 NL	00:24.27	00:25.17
100 NL	00:53.42	00:55.40
200 NL	01:56.66	02:00.99
400 NL	04:10.97	04:20.29
1500 NL	16:32.31	17:09.14
50 Dos	00:28.34	00:29.39
100 Dos	01:00.29	01:02.53
200 Dos	02:12.52	02:17.44
50 Bra	00:30.65	00:31.79
100 Bra	01:06.82	01:09.30
200 Bra	02:26.24	02:31.59
50 Pap	00:26.15	00:27.13
100 Pap	00:57.91	01:00.06
200 Pap	02:10.14	02:14.97
200 4N	02:13.53	02:18.49
400 4N	04:41.91	04:52.38

Dames

	JN	CN2
	18-20 ans	13-17 ans
50 NL	00:28.14	00:28.76
100 NL	01:00.50	01:01.82
200 NL	02:11.13	02:14.01
400 NL	04:36.37	04:42.43
800 NL	09:25.68	09:38.10
50 Dos	00:31.85	00:32.55
100 Dos	01:08.05	01:09.54
200 Dos	02:25.72	02:28.92
50 Bra	00:35.12	00:35.89
100 Bra	01:16.59	01:18.27
200 Bra	02:44.49	02:48.10
50 Pap	00:29.37	00:30.02
100 Pap	01:05.61	01:07.05
200 Pap	02:25.33	02:30.82
200 4N	02:28.55	02:31.81
400 4N	05:09.17	05:19.94

## Grilles Championnats Cadets

Messieurs

	CN2	CN1
	17 ans	16 ans
50 NL	00:25.17	00:25.55
100 NL	00:55.40	00:56.23
200 NL	02:00.99	02:02.81
400 NL	04:20.29	04:24.21
1500 NL	17:09.14	17:24.64
50 Dos	00:29.39	00:29.83
100 Dos	01:02.53	01:04.66
200 Dos	02:17.44	02:20.48
50 Bra	00:31.79	00:32.26
100 Bra	01:09.30	01:11.52
200 Bra	02:31.59	02:34.20
50 Pap	00:27.13	00:27.53
100 Pap	01:00.06	01:02.17
200 Pap	02:14.97	02:18.85
200 4N	02:18.49	02:20.58
400 4N	04:52.38	05:00.62

Dames

	CN2	CN1
	17 ans	16 ans
50 NL	00:28.76	00:28.91
100 NL	01:01.82	01:02.15
200 NL	02:14.01	02:14.71
400 NL	04:42.43	04:43.91
800 NL	09:38.10	09:41.13
50 Dos	00:32.55	00:32.72
100 Dos	01:09.54	01:09.91
200 Dos	02:28.92	02:29.70
50 Bra	00:35.89	00:36.08
100 Bra	01:18.27	01:18.68
200 Bra	02:48.10	02:48.98
50 Pap	00:30.02	00:30.18
100 Pap	01:07.05	01:07.40
200 Pap	02:30.82	02:31.75
200 4N	02:31.81	02:32.61
400 4N	05:19.94	05:26.12

## Grilles Championnats Minimes

Messieurs

	MN2	MN1
	15 ans	14 ans
50 NL	00:26.22	00:27.40
100 NL	00:57.73	01:00.33
200 NL	02:06.07	02:11.74
400 NL	04:31.22	04:38.81
1500 NL	17:52.35	18:27.12
50 Dos	00:30.63	00:32.01
100 Dos	01:06.38	01:09.23
200 Dos	02:24.20	02:30.39
50 Bra	00:33.12	00:34.61
100 Bra	01:13.41	01:16.56
200 Bra	02:38.28	02:46.10
50 Pap	00:28.26	00:29.54
100 Pap	01:03.81	01:06.55
200 Pap	02:22.54	02:29.57
200 4N	02:24.31	02:30.80
400 4N	05:08.58	05:21.83

Dames

	MN2	MN1
	15 ans	14 ans
50 NL	00:29.44	00:30.02
100 NL	01:03.28	01:04.52
200 NL	02:17.16	02:19.86
400 NL	04:49.08	04:54.75
800 NL	09:51.70	10:03.31
50 Dos	00:33.32	00:33.97
100 Dos	01:12.54	01:13.80
200 Dos	02:35.02	02:38.64
50 Bra	00:36.73	00:37.46
100 Bra	01:20.98	01:22.40
200 Bra	02:54.96	02:58.01
50 Pap	00:30.73	00:31.33
100 Pap	01:10.18	01:11.41
200 Pap	02:33.92	02:37.52
200 4N	02:35.38	02:38.43
400 4N	05:32.64	05:38.44