

Grille d'accès aux Championnats Interrégionaux Dames - bassins de 25m

	Seniors 1992 et -	Juniors 1993.1994.1995	Cadet 2 1996	Cadet 1 1997	Minime 2 1998	Minime 1 1999
50 m Nage libre	28,62	29,02	29,57	29,70	30,47	30,91
100 m Nage libre	1.02.07	1.03.80	1.04.44	1.05.53	1.06.01	1.07.50
200 m Nage libre	2.19.56	2.22.91	2.24.25	2.26.01	2.28.33	2.30.13
400 m Nage libre	4.45.59	4.52.36	4.55.22	4.59.38	5.01.72	5.09.15
800 m Nage libre	9.55.80	10.03.27	10.10.54	10.16.22	10.27.62	10.42.50
1500 m Nage libre	18.24.05	18.58.64	19.10.68	19.27.02	19.38.45	20.00.31
50 m Dos	32,99	33,95	34,34	34,73	35,01	35,64
100 m Dos	1.10.69	1.12.65	1.13.77	1.14.62	1.15.32	1.16.69
200 m Dos	2.36.57	2.41.88	2.44.01	2.45.91	2.47.05	2.50.88
50 m Brasse	37,02	37,97	38,25	38,88	39,15	40,15
100 m Brasse	1.20.80	1.22.59	1.24.39	1.24.69	1.25.71	1.27.18
200 m Brasse	2.55.06	2.59.99	3.02.10	3.03.99	3.06.65	3.10.04
50 m Papillon	31,98	32,39	32,61	32,98	33,55	34,29
100 m Papillon	1.11.03	1.12.12	1.13.29	1.14.78	1.16.49	1.17.85
200 m Papillon	2.36.55	2.40.08	2.42.11	2.44.06	2.46.42	2.50.06
100 m 4 Nages	1.16.52	1.17.63	1.18.75	1.19.53	1.20.81	1.23.16
200 m 4 Nages	2.31.70	2.35.64	2.37.30	2.39.07	2.41.14	2.44.20
400 m 4 Nages	5.24.14	5.33.29	5.36.75	5.42.66	5.44.41	5.51.22

Grille d'accès aux Championnats Interrégionaux Messieurs - bassins de 25m

	Seniors 1992 et -	Juniors 1993.1994.1995	Cadet 2 1996	Cadet 1 1997	Minime 2 1998	Minime 1 1999
50 m Nage libre	25,10	25,92	26,71	27,15	28,43	29,97
100 m Nage libre	54,18	55,43	58,14	59,36	1.02.23	1.04.80
200 m Nage libre	2,00,16	2,02,31	2,06,25	2,09,09	2.14.76	2.23,50
400 m Nage libre	4,13,66	4,16,06	4,28,91	4,35,53	4.46.54	5.02.70
800 m Nage libre	9.02.54	9.17.02	9.33.21	9.43.76	9.57.84	10.18.73
1500 m Nage libre	17.00.09	17.19.94	18.23.76	18.35.91	18.58.26	19.33.01
50 m Dos	29,80	30,29	31,86	32,49	33,89	34,45
100 m Dos	1,01,62	1,02,37	1.06.63	1,07,06	1.11.22	1.14.69
200 m Dos	2,15,18	2,18,72	2,23,31	2,24,79	2.32.30	2.40.26
50 m Brasse	32,30	33,37	35,81	36,38	37,86	39,14
100 m Brasse	1,09,66	1,11,67	1.16.04	1.17.46	1.19.06	1.21.23
200 m Brasse	2.32.78	2,34,85	2.40.03	2.42.90	2.48.12	2.54.60
50 m Papillon	27,15	27,73	29,69	30,01	31,97	33,11
100 m Papillon	1,00,44	1,01,25	1,06,61	1.08.56	1.10.04	1.12.56
200 m Papillon	2,14,76	2,16,46	2.26.15	2.28.04	2.32.19	2.37.85
100 m 4 Nages	1,02,68	1,05,94	1.09.89	1.12.54	1.14.55	1.17.89
200 m 4 Nages	2,15,45	2,17,35	2,23,35	2,25,63	2.32.06	2.37.39
400 m 4 Nages	4.48.26	4,51,88	5.10.91	5.17.56	5.33.82	5.42.38